

Sun Safety Reminders

Daily Reminders!

Before outdoor recess, if the UV index is 3 or higher, take 30 seconds to remind students to:



1 Apply broad-spectrum SPF 30+ sunscreen.

Note: Please ask students to bring their own sunscreen to school!



2 Wear their sun protective clothing (such as hats and sunglasses).



3 Seek shade frequently during outdoor breaks and recess.

Incorporating Sun Safety!

A few ways to integrate sun safety education into classes!

Health

SUN SAFETY BOOKMARKS



Scan here to access sun safety resources!

SUN SAFETY PROJECTS

